

Medicine and Nursing

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We have chosen our theme "Aging and Life Style Diseases" which fits the existing collaboration projects of Medical and Nursing faculties of Chiang Mai University (CMU) and Kagawa University (KU). The symposium covered two major sessions: the medicine sessions and the nursing sessions, which were divided into four sub-sessions: Neurology and Psychiatry 1 (four presentations), Neurology and Psychiatry 2 (four presentations), Nursing Research (five presentations) and Rare Sugar and Endocrinology (five presentations).

In the medicine sessions, three aging-related topics were presented that focused on the introduction of the multimodal therapy on dementia and the mental health monitoring of Japanese elderly people. In this context, both universities (CMU and KU) agreed to cooperate with these projects. There were four more presentations which are related to diabetes mellitus. Especially the trials to make functioning foods using medicinal plants and rare sugars that were proposed by CMU and KU, respectively. The benefits to diabetic and obese patients and the innovative potentials were also discussed.



In the nursing sessions, the importance of paying careful attention to the health and mental conditions of the patients and their family members were introduced by the nurses of CMU and KU. They also mentioned that it is very important to find the signs of the exacerbation of brain embolisms in the early stage. This collaboration project of CMU and KU can include the care for the families of sick children by the pediatric nurses.



In the poster sessions, nine presentations (six medicine and three nursing) were discussed.

We could conclude these sessions by having five potential collaboration themes.